

Water Resources (Easy Notes of NCERT for class 10th)

- Introduction:
 - Do you know which state of India receives the highest rainfall?
 - Some facts about water
 - Which state made Bamboo Drip Irrigation System in India?
- Water Scarcity And The Need For Water Conservation And Management:
 - Which state is the first state in India which has made rooftop rainwater harvesting compulsory to all the houses across the state?
 - Why do people face water scarcity?
 - Why conservation and water management is important?
- Multi-Purpose River Projects And Integrated Water Resources Management:
- Dams in India :
 - Advantages of Multipurpose Projects and large dams:
 - Disadvantages of Multipurpose Projects and large dams:
 - Effects of Multi purpose projects in India:-
- Inter-State Water Disputes:
- Rainwater Harvesting:
 - Water harvesting in traditional houses of Rajasthan:
 - Water shortage in Mawsynram, Meghalaya:
- Meaning of Terms used :

Introduction:

Our planet (earth) appears blue as **three-fourth** of the earth's surface is covered with water. Yet, we often hear the news of water scarcity. Well, many of you may know the reason, why? but don't know the solution, how? So, this chapter will direct you towards the need and corrective measures for conserving water resources. You will also come to know about some water management projects of India in this regard.

Some facts about water

- **Oceans** have 96.5% water out of total volume.
- Only 2.5% water is **fresh**.
 - Out of total fresh water, 70% water occurs as **ice sheets** and **glaciers** in Antarctica, Greenland and the mountainous regions.
 - Less than 30% water is stored as **groundwater**.
- **India receives nearly 4% of the global precipitation** and **rank 133** in the world in terms of water availability per person per annum.
- The **total renewable water** resources of **India** are estimated at 1,897 sq km per annum.
- However, India has a tendency of facing absolute water scarcity in the near future.

Water Scarcity And The Need For Water Conservation And Management:

Water Scarcity :- It means a **shortage of clean and usable water** in a region compared to its needs.

Why do people face water scarcity?

1. **Usable freshwater is limited** â?? Most water is salty or frozen; only a small part is usable.
2. **Rainfall is uneven** â?? Some areas get heavy rain, others get very little.
3. **Water is wasted and polluted** â?? People waste water and pollute rivers and lakes.
4. **Access is unequal** â?? Cities and rich areas get more water, while many rural or poor areas get less.

Or

Reasons for water Scarcity:

- **Natural factor:** The availability of water resources varies over space and time, mainly due to the variations in seasonal and precipitation.
- **Human factor:** Natural factors alone do not cause water scarcity, but human beings have also contributed to the problem. Letâ??s read about **two aspects of water scarcity:-**
 1. **Quantitative Aspects:** Over exploitation, large and growing population, unequal access to water among different social groups and excessive use of water resources, mismanagement of water resources, Industrialization (increasing number of industries) and Urbanization (increase in urban population).
 2. **Qualitative Aspects:** Domestic and industrial wastes, chemicals, pesticides and fertilizers used in agriculture .
 - *For Example:-* from small streams to big rivers like the Ganga and Yamuna have become polluted.

Challenges:- Ecological crisis, impoverishment of water resources and health hazards.

Why conservation and water management is important?

- Conservation is important to **safeguard** ourselves **from health hazards**.
- To ensure food security, continuation of our **livelihoods and productive activities**.
- Also, **to prevent degradation** of our natural ecosystems.

Multi-Purpose River Projects And Integrated Water Resources Management:

- In **Ancient times**, people constructed *lakes, embankments, canals and hydraulic structures* like **dams** to conserve water *for irrigation purpose*.

- However, in **modern times**, **dams** are being used for *multiple purposes* such as; *irrigation, electricity generation, water supply for domestic and industrial uses, flood control, recreation, inland navigation and fish breeding*.
 - **For Example:** The Bhakra-Nangal (Satluj-Beas river) project water is being used for hydel power production and irrigation.
 - Similarly, Hirakud project in the Mahanadi basin integrates conservation of water with flood control.
- After independence, India followed the **integrated water resource management approach** for progress and development of the nation. Thus, launched **multipurpose projects**.
- **Jawaharlal Nehru** also encouraged the construction of multipurpose dams because he was of the view that *it would integrate development of agriculture and the village economy with rapid industrialization and growth of the urban economy*.
 - This is why he proudly proclaimed the **dams as the *temple of modern India***.

Dams in India :

| Dams | States/ U.T. | River | Purpose |
|-------------------|--|-------------|--|
| Salal | J & K (U.T.) | Chenab | To generate electricity |
| Bhakra-Nangal | Himachal Pradesh | Satlej | for hydel power production and irrigation |
| Tehri | Uttarakhand | Bhagirathi | electricity generation, irrigation, and providing drinking water |
| Rana Pratap Sagar | Rajasthan | Chambal | Irrigation, hydroelectric power generation, and flood control |
| Sardar Sarovar | Gujarat | Narmada | To provide water and electricity |
| Hirakud | Odisha | Mahanadi | Conservation of water and flood control |
| Nagarjuna Sagar | Border of Telangana and Andhra Pradesh | Krishna | Irrigation and electricity generation |
| Tungabhadra | Karnataka | Tungabhadra | Irrigation, electricity generation and flood control |

Note:- Damodar river is known as *the river of sorrow* in West Bengal. It is because it caused frequent floods and trouble for the people around that area.

Advantages of Multipurpose Projects and large dams:

1. It helps in providing **irrigation facilities**.
2. **Electricity** can be generated through dams.
3. **Flood control** is another advantage.
4. They help in **fish breeding**.
5. Also, they **send water to the water scarce areas**.

Disadvantages of Multipurpose Projects and large dams:

1. Dams construction can lead to Loss of life and property.
2. They affect the natural flow of river causing poor sediment flow and excessive sedimentation at the bottom of the reservoir. Thus, lead to soil erosion and flood.
 - **For example :-** Maharashtra and Gujarat condition in 2006 flood.
3. Dams also fragment rivers making it difficult for aquatic fauna to migrate, especially for [spawning](#).
4. The reservoirs that are created on the [floodplains](#) also submerge (completely cover) the existing vegetation and soil leading to its decomposition over a period of time.
5. Lastly, multipurpose projects can cause pollution and health problems like malaria.

Note: Many local communities and environmentalists criticized the idea of Multi-purpose projects and large dams due to :- *displacement issues*, and *ecological imbalance*.

- **For Example:** The Narmada Bachao Andolan and the Tehri Dam Andolan.

Effects of Multi purpose projects in India:-

Positive Effects

Dams provide irrigation water for agriculture

They generate hydroelectric power

They help in controlling floods

Water collected through dams help in
Supplying drinking water to cities and
villages

Also, they improve inland navigation and
transport

Moreover, they support fishing and promotes
tourism

For Example: Indira Gandhi Canal brings
water from Punjab to the deserts of western
Rajasthan (like Jaisalmer and Bikaner)

Negative Effects

Dam projects displaced thousands of local
people, especially tribals and small farmers.

They caused large-scale deforestation and
destruction of wildlife habitats.

They sometimes worsened floods instead of
controlling them (e.g., Damodar, Hirakud).

Also, dam building had also caused water
disputes between states, such as the
Cauvery and Krishna river conflicts.

Construction and maintenance have proven
to be highly expensive.

In addition, dams have widened the social
gap ??? the rich gained more benefits, while
the poor and displaced suffered.

For Example: The farmers of Gujaratâ??s
Sabarmati basin raised concerns about the
unfair water supply favouring urban areas.

Sardar Sarovar Dam:-

- Sardar Sarovar Dam in Gujarat which has been built over the Narmada River covers four states- Maharashtra, Madhya Pradesh, Gujarat and Rajasthan.
- Interestingly, it is one of the largest water resource projects of India.
- Moreover, this project helped in meeting the requirement of water in drought-prone and desert areas of Gujarat and Rajasthan.

Inter-State Water Disputes:

- Water, vital for life, can also be a source of conflict among states, as seen in the [Cauvery river dispute](#) between **Karnataka and Tamil Nadu**. Both states required water from the Cauvery for agricultural purposes, leading to disputes over its sharing.
 - To address this, the **Cauvery Water Disputes Tribunal** was established in 2007.
 - Finally, in 2018, the Supreme Court of India intervened, issuing a verdict aimed at fairly allocating water to both states in an effort to resolve the issue.
- Another example is [Krishna-Godavari Dispute](#) between Karnataka and Andhra Pradesh

Rainwater Harvesting:

Due to the above given disadvantages, people felt the need to find better ways for conserving water resources. Consequently, [rainwater harvesting](#) became an alternative to Multi-purpose projects.

- Rain water harvesting system is both socio-economically and environmentally viable.
- This system has been practiced in India since ancient times.

| Places or States | Water harvesting system |
|-------------------------------------|---|
| 1. In hills and mountainous regions | People built diversion channels like the Guls and Kuls for agriculture. |
| 2. Rajasthan | Rooftop rainwater harvesting to store drinking water. |
| 3. In flood plains of Bengal | People developed inundation (huge) channels to irrigate their fields from the floodwaters of Damodar. |
| 4. Arid and Semi-arid regions | Rain fed storage structures: Khadins (Jaisalmer, Western Rajasthan) and Johads (Rajasthan). [for irrigation and groundwater recharge] |
| 5. Meghalaya | Bamboo drip irrigation system |

Water harvesting in traditional houses of Rajasthan:

- People living in the **semi-arid** and **arid regions of Rajasthan** used to build underground tanks or tankas for storing drinking water.
- Many houses constructed underground rooms adjoining the **tanka** to meet two needs together.
 - The tank filled with water helped them survive hot and dry summers.
 - Also, it kept the room cool.
- Particularly, people of **Bikaner**, **Phalodi** and **Barmar** regions practiced this method of rainwater harvesting.
- The tanks were usually large.
 - **For example:** one household in Phalodi had a tank that was 6.1 metres deep, 4.27 metres long and 2.44 metres wide.
- These tanks were built inside the main house or the courtyard.
- They were connected to the sloping roofs of the houses through a pipe.
- Rainwater or palar pani in dry parts of Rajasthan is considered the purest form of natural water.

Unfortunately, this practice has been on decline in Rajasthan. The reason is *availability of plenty of water*. It is due to the [perennial Indira Gandhi Canal](#), many people *in western Rajasthan* don't feel the need of maintaining tankas.

Note:- Gendathur, Mysuru, Karnataka became known for successful rooftop rainwater harvesting.

Water shortage in Mawsynram, Meghalaya:

- Despite being a heavy rainfall area, the North East region especially Shillong faces water shortages. You know why?
 - It due to **topography, inadequate infrastructure** for conserving water, **seasonal variations, population growth, and climate change**.

â?? Do you know which state of India receives the highest rainfall?

Mawsynram, Meghalaya

â?? Which state made Bamboo Drip Irrigation System in India?

Meghalaya

â?? Which state is the first state in India which has made rooftop rainwater harvesting compulsory to all the houses across the state?

Tamil Nadu

â?? In which region is rooftop rainwater harvesting the most common practice?

Shillong, Meghalaya

â?? Which village became known for successful rooftop rainwater harvesting?

Gendathur village, Mysuru, Karnataka

Meaning of Terms used :

Drip Irrigation System:- It is a system that sends water straight to plant roots using tubes and emitters. Its main goal is to save water by cutting down on evaporation and runoff. This makes it a really efficient way to water crops.

Roof top rain water harvesting: It is for collecting rainwater from rooftops using gutters and pipes. This harvested rainwater can be stored for various purposes such as watering plants, flushing toilets, cleaning, or other [non-potable](#) uses.

Guls, Kals, Khadins and Johads: There are traditional water harvesting structures used in different regions, in India, to capture and store rainwater.

- **Guls:** These are deep pits dug into the ground to collect rainwater, allowing it to [seep](#) into the soil and recharge groundwater.
- **Kuls:** Kuls are [embankments](#) built across streams to slow down water flow, enabling it to spread and recharge groundwater.
- **Khadins:** Traditional dams constructed across seasonal streams divert water into fields for irrigation and groundwater recharge.
- **Johads:** These are small ponds built in dry regions to capture rainwater during the monsoon, supporting groundwater recharge, irrigation, and local biodiversity.

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